## **Driver Rehabilitation**



Just as everyone moves through life stages differently, everyone is ready for the responsibility of learning to drive at different times. Wait until you are ready!

NDIS will only fund Driving Assessment and Retraining if it is identified that your disability is impacting on your ability to learn to drive.

## Pre-driving

As you get closer towards the age when you are allowed to sit for your learners permit, you should be starting to practice your independent living skills in your daily life.

Start working towards cooking, community access, using public transport, shopping and looking after a pet. These are all things that help you practice the type of decision making involved in driving.

Stage 1: Pre Assessment:

- Complete an RMS medical fitness to drive with your GP or specialist
- Gain your learners permit

Stage 2: Assessment

- Off road assessment with your OT
- On road assessment with your OT
- A series of lessons with a disability trained driving instructor
- An on road reassessment with your OT

## Stage 3: Ongoing Learning

- A series of lessons with a disability trained driving instructor
- An on road reassessment with your OT
- This stage may be repeated a number of times before you are ready to move to the final stage

## Stage 4: Finalising

- You are now able to drive with other adult drivers
- You may still require ongoing lessons with a disability trained driving instructor, but can then practice with other drivers
- You may no longer need your OT!

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