

Get back on the road

DRIVER REHABILITATION



Driving is an important part of most people's lives and is often considered to be key to independence.

An injury, illness or disability can have a huge impact on your ability to drive and potentially then on your independence, self confidence and self worth.

Our team of Occupational Therapists have completed recognised post graduate studies and are registered with Transport NSW. This allows them to assess people with disabilities. We have worked together to develop rehabilitation programs to assist people with disabilities to either learn to drive, or return to driving.

We have formed close relationships with Driving Instructors who have also completed specialised training to allow them to work with people with disabilities and use modified vehicles.

We have a network of suppliers and providers who assist us in finding the right modifications for our clients.

We have the experience and skill to work with the following populations;

- Cognitive decline (dementia, alzheimers disease)
- Neurological disabilities (brain injury, stroke)
- Spinal injuries
- Mental health diagnosis
- Physical disabilities
- Autism and other developmental disorders
- Intellectual disabilities

If you have any questions, please give us a call on 1300 855 513.

Carla and Bryony

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ASSESSMENT PROCESS



It is your responsibility to report any changes in your medical condition that may impact your ability to drive safely.

1. Medical Assessment

Your GP will complete the medical assessment. The RMS has provided guidelines to assist them in making decision about conditions and medications.

2. Off Road Driving Assessment

You will meet with the Occupational Therapist, either in the clinic or in your home and discuss your driving and medical history. They will assess your physical, visual and thinking capacity for driving.

3. On Road Driving Assessment

You will then go for a drive with the Occupational Therapist in a Driving Instructor's vehicle. The Driving Instructor will sit in the front, and the OT will sit in the back.

4. Feedback

After the assessment you will sit down and talk about the recommendations.

This may include:

- Getting clearance to return to driving
- Lessons that may be required
- Modifications that may be required
- License restrictions
- License cancellation
- Referral to other health professionals

5. Reports

Your OT will then complete any reports that are required, such as the Medicolegal report for Transport NSW or reports for funding for lessons or modifications.